



Rimutaka Gymsports

Upcoming events

Christmas and summer holidays are coming....Ho ho ho

Upper Hutt Christmas Parade!

This year we will be entering a float in the Upper Hutt Christmas Parade on Sunday 3rd December.

This is a great opportunity to show our community spirit, show off some skills and have some fun along the way. We will be looking for helpers for our Candyland themed float!



Summer holiday Raffles

We will be running our annual Summer raffle again this year.

More details to come on this but we will be asking all our members for donations so we can make these really special and who knows - you might even be a lucky winner!

Recreational and Excel Prizegiving

We will be holding prizegiving for all our Gym-for-All classes on Sunday 10th December. We look forward to seeing you in the gym with your class.

The timetable is still being finalised but there will be one hour time slots for Cats, each age group of rec class, ninjas and Excel.

Prizegiving will be followed by a special 'Thank You' play session for our amazing sponsors!

Term Dates - To Be Confirmed

We are working hard to finalise these dates and will advise any changes, but currently we anticipate:

- 8th December - End of term for Rec and Excel
- 10th December - Rec and Excel prizegiving
- 15th December - End of term for competitive

Term 1 for 2024 starts week of 5th February.

Training will be available for competitive gymnasts in a reduced capacity from 8th January.

Club News

We are a small club with BIG Dreams to be the best club we can be!

Congratulations Maia!

We are so proud of Maia for receiving a 6-month scholarship with Ollerup! In October 2019, Ollerup Elitehold group visited us at our gym showing us their joy and enthusiasm for gymnastics and movement.



This confirmed Maia wanted to learn more from this group who are based in Denmark.

Maia has been coaching for seven years and has some awesome goals to broaden her skills and knowledge. We can't wait to see what new skills you bring back Maia!

But don't worry we've still got the lovely Maia until August next year!

New Head of Gym-for-All

We'd like to welcome Keri Gee as the Head of Gym-for-All. We'd like to thank Jo for keeping everything running at the gym while the new committee looked at the future needs of the club.



Keri has a passion for gymnastics, early childhood education, coach development and Rimutaka Gymsports in general. We are looking forward to Keri joining Jo and Brooke as part of the operations team. Along with Crystal and the rest of the committee they will continue to make Rimutaka Gymsports somewhere our gymnasts and our wider community loves to go.

Welcome to the team Keri!

Meet Crystal - our new President

If you haven't met Crystal at the gym with her daughters in STEP 2 and 3 or working at club events, say Hi when you see her! An ex-Rimutaka competitive gymnast who wants to see the club thriving again.



Crystal and the team have the passion, drive and skills to make Rimutaka the best club we can be (and Crystal can still do a round off flick and a backward roll to handstand!!!) Impressive!!

GymClub holiday programme

We ran another very successful GymClub holiday programme in the October school holidays.

If you haven't joined in the fun yet, we will be running this again on the following dates over the Christmas holidays, so look out for when bookings open:

- 18th - 22nd Dec
- 8th - 11th Jan (not running 12th)
- 15th - 19th Jan
- 23rd -26th Jan (Short week due to Wellington Anniversary)



Upper Hutt Teachers Only day

After our last successful Teachers only day GymClub, we will run another on Friday 17th November - we have you covered parents and the kids love it! Look out for enrollment details!





Rimutaka Gymsports

News from Gym-for-All (Recreational and Excel)

We held our Gym-for-All (Recreational and Excel) competition at the end of term 3. The day was a great success with some fantastic routines on display by all our Rimutaka gymnasts, including some medals, great work!

We had clubs visiting from as far as Napier and Wanganui who were very grateful for some hot food and treats available from the canteen on a very cold and wet day!



Term 4 is in full swing!

We have a wide range of Gym-for-All classes (recreational, as well as our Excel programme) running this term.

Talk to us if you have a gymnast wanting to join - it isn't too late and we still have some spaces available.



Want to know more about our Excel Programme?

Ask us about booking an assessment or look out for a testing day.

This may be ideal for those with strong gymnastics skills and a desire to compete but who can't commit to a full competitive programme.

Update from competitive team

The competitive season came to an end last term. But the fun didn't stop. We had a group of gymnasts from step's 4 to 6 attend a four-day training clinic at Omni Gymnastics Club in Napier during the October School holidays.

There was a wide range of coaches including from Ollerup (where Maia is headed) who definitely brought fun and energy to the training! The girls all had a great time learning new skills, bonding with teammates and having some fun in their down time...hot pools and of course K-Mart trips!



The gymnasts have all started in their new squads for the 2024 competitive season. We are really excited to welcome all our new STEP 1's this season, we have three new STEP 1 squads! You are all off to a great start and it's fantastic to see our younger gymnasts enjoying their training and working on their skills. It's also great to see our older competitive gymnasts inspiring them along the way!

and...we have plans to run a Rimutaka Gymsports coaching clinic

Head of Womens Artistic Gymnastics (WAG) is working hard to organise a Coaching Clinic at Rimutaka in January!

This will provide an opportunity for gymnasts in STEP 3 - 6 to have intensive coaching with a variety of coaches to work on their skills and goals.



Friday 12th, Saturday 13th and Sunday 14th January 2024

WAG STEP 3/4
Morning session
9am-1pm

WAG STEP 5/6
Afternoon session
2pm-6pm

\$220

Rimutaka Gymsports EXCEL B



WAG and Excel Squad Photos

Look out for photo proofs in the gym from the squad photos taken on 8th October, individuals coming soon. Get your orders in, they look great!

Rimutaka Gymsports STEP 5





Rimutaka Gymnsports

*would like to thank the following businesses
for their generous support of our club...*

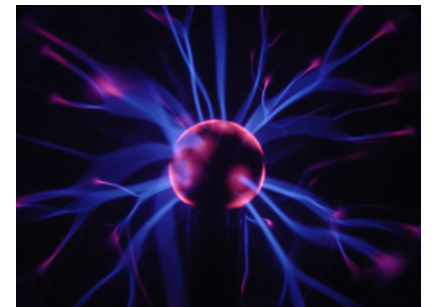


NEW WORLD
Silverstream

PLATEAU
Sand & Soda
BLASTING
18 MONTGOMERY CRES



KiA
consultants ltd
with the Alkema Family



Tristram Jay Electrical



WOODSTOCK
FIREWOOD



If you or someone you know would like to help us out by becoming a sponsor
get in touch with us at fundraising@rimutakagymnsports.nz